

# raidtherock

## 9<sup>th</sup> Annual Adventure Race

(Mountain Biking, Orienteering, Running/Trekking, Canoeing)

September 19, 2009 Little Rock, Arkansas



*New for 2009!*

### **Multiple Courses**

- 2-4 hour short course
- 8-12 hour traditional/long course

### **Multiple Categories**

- 2 or 3 person – all male, all female, or co-ed
  - Solo

Register before August 1, 2009 and get \$25 off the race fee!

Go to [www.raidtherock.com](http://www.raidtherock.com) for more details!



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